

DANCE INTO THE ENDLESSNESS **Free-Spirit Dance**

8*8*8



Classes led by Montrese Etienne, *DreamNDancer*

2nd Fridays of the month!
Beginning Friday, August 8, 2008
7:30-9:30pm

Come shake your groove thing on the auspicious date of 8.8.8.
- including 8 minute group silent meditation at 8:00 -

ENSO Yoga Studio

131 Kelly Ave/Half Moon Bay, CA 94019

Cost: \$15 drop-in – bring a new friend & save \$5

-Light refreshments and optional community share-back after we dance-